**Make a prediction!**

**How long do you think it will take to do the following activities? Place the estimated time in minutes on the left and the actual time it took you on the right.**

* **Walk around the block or similar distance.**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Jog around the block or similar distance.**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Do 100 jumping jacks.**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Do 50 situps.**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Do 50 pushups.**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **With a real or imaginary jump rope, jump 100 times while alternating feet.**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Make 10 baskets (if you have access)**
  + Estimated time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Actual time: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_